

SPRING 2024

NORTH CAROLINA ASSOCIATION OF NURSING STUDENTS HYPODERMIC

TABLE OF CONTENTS

Topic	Page Number
NCANS Convention Re-Cap	• 3
 Board of Director Applications 	• 4
 Kyndall Estep - Candidate for NSNA President!! 	• 5-6
• Legislative Updates	• 7
Women's History Month	• 8-9



Apply to be on the 2024-2025 NCANS Board!



Due: March 15th, 2024 at 12PM

KYNDALL ESTEP



NSNA Pre-Slate Presidential

Candidate

My Vision for NSNA President

As President, I aspire to implement a 3 step approach that focuses on recruitment, mentorship, and transition to practice.

These steps will support and guide nursing students on their journey to their professional roles. Furthermore, it will carve the way for more student opportunities, leadership, and growth both individually and as an organization.

I am enthusiastic about running for the next NSNA President! I hope to earn your trust and vote at the National Convention!

Scan to follow my candidacy!





LEGISLATIVE UPDATES

• Did you know?

- You can receive a FREE NCNA Student Membership!
 - Exclusively for pre-licensure students enrolled in an accredited nursing program
- Sign up today for a NCNA student subscription offering complimentary electronic access through the 'Members Only' section of the NCNA website. This includes electronic access to our flagship publication, the Tar Heel Nurse. In addition, you will receive an electronic subscription to our monthly e-newsletter, Inside NCNA. Please note: Access permission will cease at the close of the month of the graduation date supplied.
- To enroll in the North Carolina Nurses Association's Student Subscription program please complete and submit the form below to NCNA. Include the name of your School of Nursing and the anticipated date of graduation.
- Sign Up Now

• Event Opportunity: Nurse's Night at The Legislature

- May 21st, 2024 5:30-7:30pm
- Location: The North Carolina Museum of Natural Sciences
 - 11 W Jones St, Raleigh, NC 27601-1029

Women's History Month

Linda Richards



https://www.aahn.org/richards https://en.wikipedia.org/wiki/Linda_Richards

- Recognized as the first trained nurse in the United States
- First to complete the program at the New England Hospital for Women and Children in Boston in 1873
- Served as a missionary in Japan from 1886 to 1891 and helped open one of their first nursing schools in Kyoto
- She served as the first president of the American Society of Superintendents of Training Schools in 1894, which was the first professional organization for nurses

Mary Eliza Mahoney

- First African American nurse in history to complete official nurse training
- 1879: graduated from the rigorous New England Hospital for Women and Children's Nursing School, where she previously worked as a janitor and cook
- One of the first Black members of American Nurses Association
- Co-founded National Association of Colored Graduate Nurses



https://nursejournal.org/articles/influential-nurses-in-history/https://en.wikipedia.org/wiki/Mary_Eliza_Mahoney

Taking a look at important women in Nursing history!

Florence Nightingale

- Founder of modern nursing
- During the Crimean War, she cared for wounded soldiers and advocated for hygienic conditions by cleaning and washing hands, which we now know is the basic way to prevent the spread of infection
- Called "The Lady with the Lamp" because she carried a lamp as she rounded on patients at night
- In 1860, she founded the first professional nursing school at St. Thomas Hospital in London

https://www.redcross.org.uk/stories/health-and-social-care/health/how-florence-nightingale-influenced-the-red-cross



Image retrieved from Google images

Clara Barton

- During the Civil War, she provided nursing care to wounded soldiers when hospitals were overflowing
- Joined the Union Army to provide care to soldiers on the battlefield & aided Confederate soldiers
- Created a distribution agency that gathered and moved medical supplies during the war
- Created makeshift hospitals
- Founded the American Red Cross



Image retrieved from Google images

https://nursejournal.org/articles/clara-barton-founder-of-the-american-red-cross/#: \$\$:\$\$ text=Clara%20Barton%20took%20the%20initiative, and \$\$20toalthcare%20to%20this%20day. \$\$

Join our Breakthrough to Nursing Committee!

Nurse Path is a project devoted to helping students in rural areas discover unique pathways into the nursing field. The mission is to help make attending college feasible for as many students as possible.

Collaborate on a team to assist North Carolina students make entry into the nursing a reality!

You can apply here:



Application due: March 15th