The image shows the cover of a spiral-bound notebook. The background is a watercolor-style illustration of a city skyline at dusk or dawn, with buildings in shades of blue and teal, and a sky in shades of purple and blue. In the foreground, there are black utility poles with wires. On the left side, there are orange trees. The title 'NCANS Hypodermic Newsletter' is written in a black, cursive script on a white, torn-edge rectangular background.

NCANS Hypodermic Newsletter

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NSNA Membership

2023-2024 Board Members

President ➡ Caroline Roseman
Vice-President ➡ Rachel Wixted
Secretary ➡ Madison Lane
Treasurer ➡ Olivia Tseng
Publications Director ➡ Mariah Reed
Legislative Director ➡ Shana Cox
BTN Co-Director ➡ Alexis Ross
BTN Co-Director ➡ Kyndall Estep
Director at Large ➡ Juanita Baldwin
Faculty Liaison ➡ Nancy Jo Thompson
Faculty Liaison ➡ Lisa Snow



**President,
Caroline Roseman**

I am happy to serve a second term on the NCANS Board as the 2023-2024 President! I am going into my senior year of nursing school at the University of North Carolina at Chapel Hill. After graduation, my plans are to work for sometime in an ICU with the hopes of applying to a CRNA program in the future. In my free time, I enjoy traveling, cheering on the Tar Heels, and being with friends. I am looking forward to working with great leaders and future nurses this year as we work towards creating positive change!

This year, I am a new member of the NCANS Board but am very excited to be serving as the VP. I am also going into my senior year of nursing school at UNC-CH. My goal is to work in the PICU as new grad nurse and go back to school to become an NP or CRNA. Some of my favorite things to do are work out/play sports and going to the beach. I can't wait to collaborate with this strong and brilliant group of nurse leaders so that we can optimize the future of nursing.



**Vice-president,
Rachel Wixted**



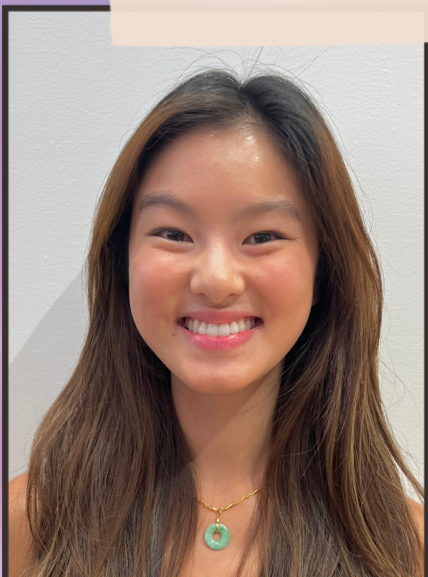
**Secretary,
Madison Lane**

Hey y'all! I'm Madison! I go to Catawba Valley Community College and I plan on going on to get my DNP and become an Emergency Nurse Practitioner. I love reading books, playing various sports, and playing with my little cousins every chance I get!

I currently attend Central Carolina Community College and will be graduating in May of 2024. My goal after graduation is to work in a pediatric psych unit and later become a psychiatric DNP in hopes of someday opening my own pediatric mental health facility. In my free time, you can find me at church, the beach, Disney, running/cycling, or spending time with my husband, our daughter, and our sweet puppy. I am super excited to serve as this year's publications director and looking forward to a great year!



**Publications Director,
Mariah Reed**



**Treasurer,
Olivia Tseng**

I'm Olivia and I'm currently a nursing student at UNC-Chapel Hill and following graduation, I hope to either work in ICU or labor and delivery! In my free time, I love playing pickleball, running, and baking! I'm so excited to be serving on the NCANS Board as the Treasurer and supporting the next generation of nurses across North Carolina this year!



**Legislative Director,
Shana Cox**

Hi! My name is Shana and I'm in my final semester at Wake Tech Community College, graduating in December 2023. I'm excited to serve on this year's board as Legislative Director, and I'm especially looking forward to connecting with and uplifting my fellow nursing students. So far my favorite clinical experience has been in L&D. I have an interest in ICU and critical care, and am hoping to work in that field upon graduation. My overall goal is to work in education- helping to prepare the nurses of the future!



**Breakthrough to Nursing
Co-Director,
Kyndall Estep**

I am honored to serve on the 23-24 NCANS Board as a Director at Large. I am currently a junior at UNC Chapel Hill School of Nursing. As a new member of the board, I am excited to connect with nursing students across the state and work alongside my fellow board members to take nursing into the future! After graduation, I intend on gaining experience in the ICU and hopefully going back to school for my CRNA or a PhD. Outside of school, I enjoy spending time with my fur babies while also traveling and taking care of my plants!



**Breakthrough to Nursing Co-
Director, Alexis Ross**

I'm 24 years old, from Southern California and currently studying to get my BSN from North Carolina Central University. I'd love to work in the NICU, I'm passionate about global health and a fun fact is I'm trilingual!

My name is Juanita Baldwin, new member to the NCANS board as the director at large. Currently attending Central Carolina Community College, after completion I will continue my education for BSN while working in ICU. My goal is to accomplish CRNA as well opening up my own spa. I look forward growing in this process as board member.



**Director at Large,
Juanita Baldwin**



Faculty Liaison

My name is Nancy Jo Thompson, and I am thrilled to serve my second year as NCNA Consultant to NCANS! I am a full-time assistant professor in the SON at UNC-CH and I work PRN as an Administrative House Supervisor at UNC Chatham Hospital. I am excited to share diverse healthcare experience, including organizational leadership, maternal health, critical care, education, and simulation with the future nurses of NC! My scholarly work includes developing a series of Patient-Centered Modules for PAHO/WHO and the Support, Uplifting Communication, Collaboration, and Education to Sustain Success (SUCCESS) Mentor Model, which focuses on recruiting, training, and retaining the nursing workforce. I am truly honored and humbled to mentor NCANS members and future nurses! I love travel (anywhere), kayaking, hiking, and spending time with family.

My name is Lisa Davis Snow, and I am excited to serve my first term as NCNA Consultant to NCANS! Currently I am full time faculty at Randolph Community College's Associate Degree Nursing Program in Asheboro, NC. I also serve as the faculty advisor for RCC's Student Nurses Association. I am a retired nurse manager from Atrium Health at CHS-Anson. In my over 40 years as a registered nurse, my practice focus has been in the areas of medical/surgical nursing, leadership, continuing education, training and development, and academics. I believe myself to be an example of a lifelong learner, with graduate degrees in Organizational Change and Leadership, Adult Education and of course Nursing. My DNP capstone project was on the impact faith community nurses have on post-acute care patient discharge instructions, patient education and associated patient satisfaction. I also served as a member of the North Carolina Nurses Association Board of Directors for two terms from 2015 – 2019. I am truly honored to serve as a mentor to NCANS members, to all future nurses, and be a liaison for faculty advisors. My other interest includes quality time with my family and friends (which includes my boxer Bella), food and flower gardening, and all forms of art.



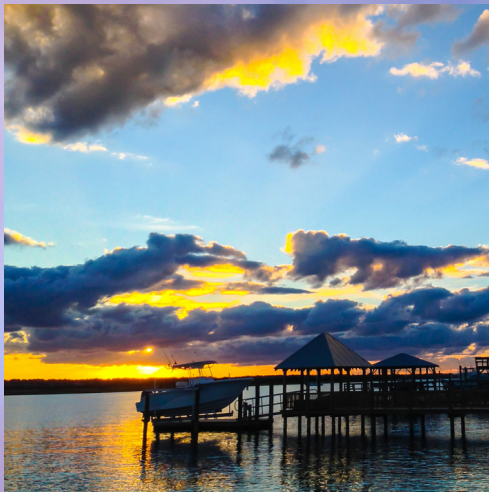
Faculty Liaison

2023-2024 Important Dates:

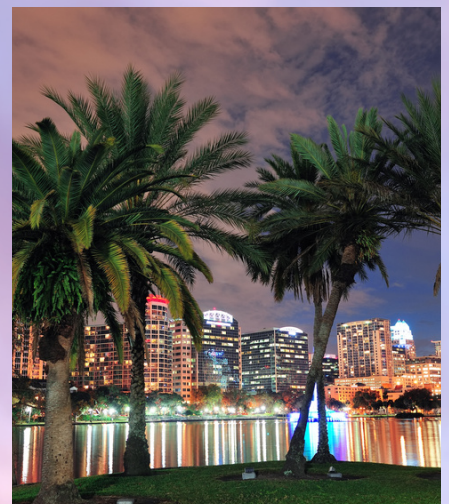
NSNA 41st MidYear Conference
November 2-5, 2023
San Diego, California



North Carolina State Conference
February 23-25, 2024
Wilmington, North Carolina



NSNA 72nd Annual Convention
April 3-7, 2024
Orlando, Florida



NSNA LEADERSHIP CONFERENCE IN NYC



Whether we are entering the nursing program or finalizing our time, we reflect upon what inspiration drew us to nursing to begin with and are reminded of the importance in understanding that our profession is one of inclusivity, equity, and diversity.

As the Breakthrough to Nursing Co-Directors we are working on our projects for the 2023-2024 year that appreciates the heterogenous experiences of our nursing professionals. To do so, we are drawing inspiration from significant nursing figures of the past who have exemplified dedication and perseverance so that our profession could be improved. One of the most notable figures we admire is Mary Mahoney, the first licensed African American nurse in the United States. Even through the most profound opposition, she honored her guiding motto “work more and better the coming year than the previous year.” Although Mahoney’s motto is just a fraction of her experience, we learn that the pathway to the nursing profession is not always conventional. Furthermore, her motto pushes us to achieve a simple but necessary goal as our society’s future nursing professionals regardless of the obstacles.

With an NCANS board that reflects many different areas of North Carolina, we are committed to making connections that allow for diverse pathways into nursing. This upcoming year, we are looking forward to initiating outreach in rural areas of North Carolina with the heart of creating community, growing connections, and making the pathway into the nursing field wider than ever. We intend on embodying Mahoney’s motto in order to appreciate the benefits of our diverse profession.

More information about this year's 2023-2024 Breakthrough to Nursing project to come!

Alexis Ross and Kyndall Estep, BTN Co-Directors

BECOME A NSNA MEMBER

Top Reasons to Join:

- Career Planning opportunities
- Subscription to Imprint, the professional magazine for student nurses
- Discounts on study tools/NCLEX Reviews, Health & Liability Insurance, Apparel, School Supplies and Hotels
- Discounts on NSNA Annual Convention & MidYear Conference registration fees
- Discounts on student membership in select professional nursing organizations
- NSNA Leadership University Honor Society
- Leadership development and community outreach opportunities
- Awards program
- Scholarship Opportunities
- Members enjoy free access to establish their very own online Professional Portfolio
- Preparation for the NCLEX Preparation for practice (NSNA members receive 25% discount on Lippincott NCLEX-RN PassPoint)

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Cost of membership:
\$42 for the first year
\$45 for the second year
\$80 for two years at one time

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VISIT

<https://nsnamembership.org>