



# NCANS CONVENTION

## March 10-12, 2023 | Wilmington, NC

### PROGRAM AGENDA

#### Friday, March 10

7:00 - 8:00 pm .....Meet & Greet Networking Reception

#### Saturday, March 11

7:30 am ..... Registration | Continental Breakfast

8:30 am ..... **Welcome!** — NCANS President, Sydney Jones-Crawford

8:45 - 9:45am ..... **Keynote - Nursing 2023: Remember Your Why** — Maureen J. Baker, PhD, RN, CNL, CHSE

9:45 - 10:45am .... **Positive Thinking: Testing Strategies** — Ashleigh Weir, PhD, MSN, RN

10:45 - 11:00am... Break

11:00 - 12:30pm.. **Pharmacology Made Easy** — Sheila Holland RN, MSN, CNE (ATI Testing)

12:30 - 2:00 pm ... Exhibit Hall | Networking | Lunch Buffet

2:00 - 3:00 pm ..... **Using Mindfulness and Circle Practice to Build Resilience** - Marisa Astiz-Martinez, MS, RN

3:00 - 4:00 pm ..... **Re-Envisioning the Role of Nurses to Advance Health Equity and Prepare for the Future of U.S. Healthcare** - Vincent Guilamo-Ramos, PhD, MPH, LCSW, RN, ANP-BC, PMHNP-BC, FAAN

4:00 - 4:15pm ..... Break

4:15 - 5:15pm ..... **Nursing Outside The Box: Cultivating Audacious Change in Nursing** — Patrick McMurray, MSN, RN

5:15 - 5:45pm ..... **Board Election Discussion and Conclusion**

#### Sunday, March 12

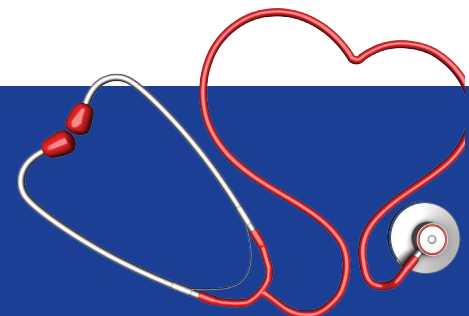
7:30 am ..... Registration | Continental Breakfast

8:00 - 8:45 am ... **Strategies for Navigating a Successful Transition to Practice**—Nancy Jo Thompson, DNP, MSN-Ed, RN

8:45 - 9:00 am .... Break

9:00 - 12:00 pm .. **NCLEX® Review** — Sheila Holland RN, MSN, CNE (ATI Testing)

12:00 pm ..... **Closing Remarks** — NCANS Board Members



# REFRESH & RENEW

## THE JOURNEY OF FUTURE NURSES