

Hypodermic

December 2017



North Carolina
Association of
Nursing Students

Happy Holidays

Contents:

Note from the Editor: 1-2

Board of Directors 2

NCANS annual conference 3-4

NSNA Convention 5

Nurse Externship- 5

Note from the Editor: Hello! I hope everyone has had a happy Thanksgiving! It is now time to break out those holiday decorations and get into the giving spirit. I want to wish a special congratulations to those who graduates this month! Your NCANS board wishes you the best of luck in your future endeavors. It is important for everyone to remember to step off on the right foot in the upcoming 2018 year.

2017-2018

Board of Directors

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Note from Editor continued

New grads: First, ace the NCLEX! As you start your new job, do it with a smile and with gratitude. A new beginning is stressful, but you are prepared for what is to come professionally. Remember, your mindset and attitude are everything, so remain positive and good luck!

Seniors: if you are graduating in May it is so close you probably cannot stand it! Finish out this semester strong, this is the home stretch and the light is getting so bright at the end of this amazing tunnel!

Juniors: In your classes and in clinical be a sponge and absorb as much knowledge as you can. Study hard, manage your time, and find YOUR best way to study! This time next year it will be your turn to walk across the stage!

-Publications Director



<https://www.google.com/search?q=2018+happy+new+year&tbm=isch&source>

2018 NCANS Annual Conference

**MARCH
10 & 11**

This a great opportunity to connect with fellow NCANS members, network with exhibitors and future employers, and attend very informative sessions, including an NCLEX Review! For more information go to: <https://ncans.org/events-and-meetings/>



**Charlotte, NC
Embassy Suites**

2018 NCANS

Annual Conference Continued

The theme for the 2018 NCANS Annual Conference is Diversity in Nursing. Nursing is a profession with an endless amount of possibilities for careers. There are a wide range of options within a hospital setting to choose from. For those of us who like high intensity and stress, you may prefer the ICU setting. Maybe you want to work with children, then pediatrics could be for you. If you would rather work with mothers and their babies, then you have the option of working in labor and delivery. These are just a small number of the countless options in the hospital setting, then you also have the different positions available in the community. This allows us to find our passion, it provides an endless opportunity to challenge ourselves to grow as an individual and as a professional. At this year's Annual Conference, we want to discuss these options with you and allow any question to be asked. It is important to understand what options we have available and what those entail. There will also be speakers discussing diversity in many aspects of nursing.

-Publications Director

**Diversity: the art of
thinking independently
together.**

-Malcolm Forbes

Don't Forget the NSNA Convention!

When is it? April 4-8 2018

**Where is it? Nashville Tennessee at the
Gaylord Opryland Hotel**

Why should you go?

Networking!

NCLEX help!

Learning Opportunities to help YOU be the best nurse you can be!

For more information check out the link below!

<http://nsnaconvention.weebly.com/>



<http://www.roomreservation.com/hotel/gaylord-opryland-resort-convention-center.htm>

Student Nurse Externship Experience

During the summer of 2017, I had the opportunity to participate in Wake Forest's nursing externship program. This program is a wonderful opportunity for rising senior nursing students because of it allows extra hours in the clinical setting and practicing time management. I worked one on one alongside two different nurses on two different floors (Oncology and Med Surge), both nurses taught me so much about how to balance my time, interact with families and the interdisciplinary team, all while providing the best patient care. I saw how important it is to seek help and advice from coworkers when necessary, because nursing is truly a team effort. I feel better prepared and more confident in the clinical setting as I started my senior year of nursing school. I also gained two friends out of the nurses I worked alongside, both of whom are great resources as I am tackling more complex subjects in the classroom this year. I would highly recommend for all rising senior nursing students to participate in an externship if possible!

-Diane Rose

If you have an experience you would like to share with your fellow NCANS members, please send them to dmooneyham389@my.pfeiffer.edu